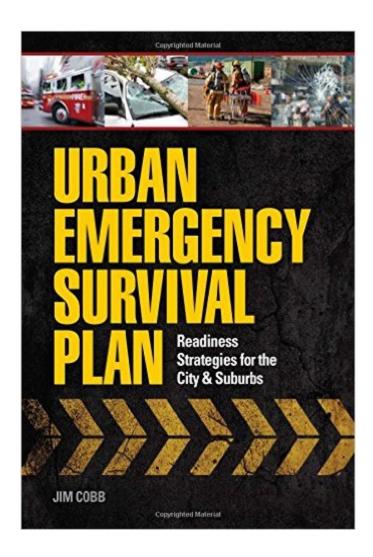
The book was found

Urban Emergency Survival Plan: Readiness Strategies For The City And Suburbs





Synopsis

Stay Safe in the CityHere's the book that won't advise you to flee the city and set up a homestead to avoid potential disasters. With many other survival-planning resources emphasizing that approach, urban dwellers that plan to stay put in the city, no matter the circumstances, have been overlooked. Not only do 58 percent of Americans live in cities, but certain risks are higher in cities than elsewhere. Urban Emergency Survival Plan delivers a common-sense approach to urban survival planning rather than advocating that city survivalists need to figure out a way to grow an acre of food, raise goats, and build an underground bunker. The clearly outlined approach here will help you to reduce the risks inherent in disasters that occur in well-populated areas. Inside you'll find:Packing lists for get-home bags, everyday carry items for adults and kids and bug-out bagsAn overview of threats that face an urban area and instructions for planning safe travel during and after disasters, as well as how to plan a temporary escapelnstructions for sheltering in place at workChapters on food storage and water procurement in urban areas with emphasis on limited space and budgetA detailed chapter on security options in urban areasA detailed chapter on sanitation, first aid and shelterIdeas for how to respond and cooperate with government disaster plansPhotos of important survival gear Discover the skills you'll need to weather any storm, whether you live in an apartment, townhouse, condominium, single-family home or any other urban setting. With planning and practice, you'll gain the confidence to always feel safe in the city.

Book Information

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in Books > Health, Fitness & Dieting > Safety & First Aid

Customer Reviews

I really wanted to give this book five stars. It is well written and the layout is attractive. However,

unlike other reviewers, I found very little in the book that dealt specifically with dealing urban settings. Security, light control, structure hardening, and desperate neighbors are not unique to the urban setting. I was hoping for insight into things like best practices for vehicle and foot travel in built-up areas, neighborhood networking and patrols, etc.If you have backpacking experience much of this book will be very familiar. For example, fire starting, building shelters, open fire cooking, and the odd admonition on page 133 regarding open fires: "Just always be certain to have plenty of ventilation and avoid sitting too close to the fire where you end up breathing more smoke than air". Really?The one section of the book that I thought provided some excellent insight was regarding bathing and laundry. Both are neglected topics in other works I have read.If you are new to preparedness planning then I recommend this book. If you are an experienced camper, hunter, or backpacker I recommend you look for a more advanced resource. Contact! by Max Velocity, How to Survive the End of the World as We Know It by Rawles, Where There Is No Doctor, Wilderness First Responder by Tilton, etc.

If you live or work in an urban area, I highly recommend the book Urban Emergency Survival Plan by Jim Cobb. This is not your ordinary survival book. The author's focus is specifically urban and suburban survival following a crisis event. He does an exceptional job walking you through how to prepare before a disaster as well as what to do during and after. This book will help you cover your bases and give you the information you need to prepare: from storing food and purifying water to home defense and personal protection, from first aid supplies to how and when you need to "get out of Dodge", Jim Cobb has your back! Included in the book's appendix are lists to help you sort through the fluff and get the supplies you need to survive in an urban or suburban environment. If you are interested in ways to help yourself and those you love prepare for disaster, you owe it to yourself to pick up this book!

I'm not paranoid but I do believe in being prepared....it's what you can say is my military background. This book is a refresher course...which is good because the essentials are all in there. I have a list of my own but information on the best way to be prepared Ida must. It is better to be prepared and not need it than to not have it and need it....its a win win....look at it as an insurance policy

If I were you I would purchase every book Jim Cobb has written. He is an expert in the field of emergency preparedness. His no-nonsense approach we can all relate too. Every community should have every book Jim has written. If we lose power you will NEED his books. I promise. I teach emergency preparedness and I love his books and recommend them to everyone I teach.

My very favorite thing about this book is that it doesn't tell you to "move to the country." Many of us are tied to our lives in the city for various reasons: family, employment, mortgages. This book is full of practical advice to help you survive wherever you happen to live instead of pie-in-the-sky suggestions to throw everything away and move to the boondocks. Jim Cobb never disappoints!

Excellent book with great tips for disaster preparedness in the city. If you are well-versed in disaster preparedness, many of the tips in this book will be familiar to you. However, I did learn a few new tips. Even so, I would recommend this book to anyone who lives in an urban area as a welcomed addition to your library.

As with the other Jim Cobb books that I have read, this book is also well-organized and an enjoyable read. It is a good book for beginner preppers. The book covers all the basics that a new prepper would want to know and highlights strategies on how to survive in disaster situations.

Another well written, very useful book by Jim Cobb. I am not a very big fan of reading books, but I have problems, whenever I open a Jim Cobb book, being able to put it down before I have finished it. I have now read every single Jim Cobb book, and his next two releases have been pre-ordered.

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